



Third Sunday of Lent, March 8, 2026



Jesus came to a town of Samaria called Sychar... Jesus, tired from His journey, sat down there at the well... A woman of Samaria came to draw water. Jesus said to her, "Give Me a drink... If you knew the gift of God and who is saying to you, 'Give me a drink,' you would have asked Him and He would have given you living water..." The woman said to Him, "I know that the Messiah is coming, the One called the Christ..." Jesus said to her, "I am He, the One Who is speaking with you." (John 4:5-7, 10, 25-26)

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Fun for kids of all ages (and easy on Mom and Dad)! Sign up with your email address at www.LentenAdventure.com

Third Sunday of Lent (the Scrutinies)

✦ The color vestments the priest is wearing are...

 circle your answer!



RED



GREEN



VIOLET



ROSE



WHITE



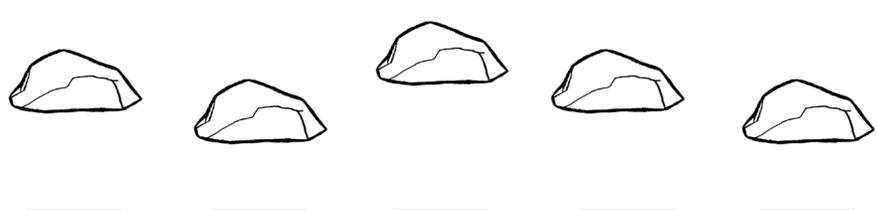
PARENTS & EDUCATORS: *Print in color for best results!*
 This worksheet is intended for children not yet reading or just learning.
 They may need simple instructions from you to complete the activities.

✦ The first reading is from

Exodus

“Strike the rock, and the water will flow from it for the people to drink.”

How many rocks? Write the numbers or make tally marks.



✦ The Responsorial Psalm:

If today you hear His voice, harden not your

hearts

“The water I shall give will become in him a spring of water welling up to eternal life.”

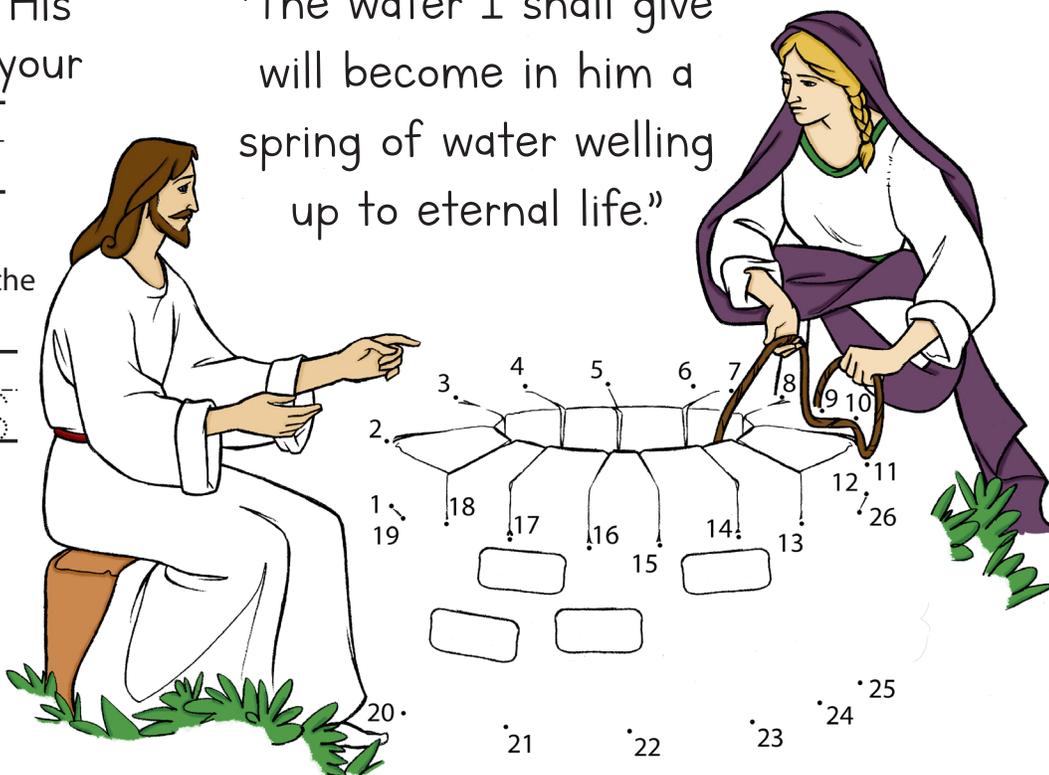
✦ The Second Reading is from the Letter of Saint Paul to the

Romans

Follow the DOT to DOT to reveal the well.

✦ The Gospel according to

John



Mass Quiz

3rd SUNDAY OF LENT

SUNDAY

Today is the Third Sunday of Lent. Pay close attention during Mass, then answer these questions:

1. What color vestment was the priest wearing this Sunday? _____
2. Which book of the Bible was the First Reading from?
a. Esther b. Genesis c. Exodus
3. In the First Reading, who was speaking to whom? _____ was speaking to _____
4. Which book of the Bible was the Second Reading from?
a. Acts b. Romans c. 1st Corinthians
5. What did your parish say or sing instead of "Alleluia" before the Gospel? _____

6. Which book of the Bible was the Gospel Reading from?
a. Matthew b. Mark c. Luke d. John
7. Where was Jesus in this Gospel?
a. Samaria b. Speaking to the crowds about the Galileans c. Jerusalem
8. Which of the following actions did Jesus do in the Gospel?
a. Ask for a drink of water b. Tell a parable c. Drive the tax collectors out of the temple





Lenten Adventure Week 3

Mass Quiz: 3rd Sunday of Lent

- 1) Violet or Purple
- 2) C
- 3) God speaking to Moses
- 4) B
- 5) The most common is "Praise to You, Lord Jesus Christ, King of endless glory!"
- 6) D
- 7) A
- 8) A